

## 2025 Activities

**Explore** a selection of activities in and around Colorado Springs. Activities are optional and will begin at 1:00 p.m. on Thursday and Friday afternoons.

### THURSDAY, JULY 31

#### **Art & History Tour**

*The Broadmoor*

This tour highlights the tales of our founders, the architects and designers, and the artisans that built the greatest hotel in the world. Their stories unfold as we explore the main historic building - and along the way we present a solid introduction into the phenomenal collection of American Western Art here at the Broadmoor.

Duration: 1 hour

*Kid-friendly. Children must be accompanied by an adult at all times.*

#### **Back of House Tour**

*The Broadmoor*

Take a behind the scenes tour of The Broadmoor and discover how different departments like banquets, front office, housekeeping and others come together to make memorable experiences for their guests.

Duration: 1.5 hours

*Kid-friendly. Children must be accompanied by an adult at all times.*

#### **Zipline Soaring Adventure**

*Seven Falls Park*

During this zip line tour experience, guests will explore Seven Falls area from high above on an adrenaline pumping series of unique zip lines! Certified guides will take your group through training at our ground school to zipping across large canyons several hundred feet in the air. Transportation, park admission and all equipment is included.

Duration: 3 hours

*Participants must weigh between 90-250lbs fully, wear close-toed shoes, be of sober mind (no alcohol, legal or illegal substances), and not be or possibly be pregnant.*

#### **Gardens of the Gods E-Bike Tour**

*Garden of the Gods*

Commence an unforgettable journey through the awe-inspiring Garden of the Gods on our state-of-the-art Trek Electric bikes. With the enchanting backdrop of Pikes Peak, you will cover approximately 5 miles of flowing roads, conquering both ascents and descents. Transportation, guide, bikes, helmet and water included.

Duration: 3 hours

*Participants should feel assured and comfortable on a bike, at least be 5'1" and less than 250lbs.*

---

**Cheyenne Mountain Zoo Adventure***Cheyenne Mountain Zoo*

Spend the afternoon visiting some of your favorite animals at the Cheyenne Mountain Zoo. Feed the giraffes or catch one of their shows to experience an animal encounter.

Duration: 3 Hours

*Kid-friendly. Children must be accompanied by an adult at all times.*

---

**Stand Up Paddle Boarding***Quail Lake*

Experience the exhilarating fusion of aquatic adventure and nature's serenity through standup paddleboarding. Transportation, equipment, PFD, water, and guide included.

Duration: 2-2.5 hours

*Minimum age 12 years. Participants must be able to swim unassisted.*

---

**Sophisticated Social Hour Cooking Demo***The Broadmoor*

Join us for an interactive session with our skilled chefs as you uncover the art of crafting Small Bites, Canapes, and stunning Charcuterie spread that will impress your guests. Gain valuable insights on elevating everyday ingredients and gourmet finds from your nearby market into mouthwatering happy hour treats. Engage with our chefs, soak in their knowledge, and enjoy a hands-on experience in preparing a delightful culinary spread.

Duration: 2 hours

*Minimum age 18 years.*

---

**Summer Sips Mixology Class***The Broadmoor*

Come in and cool off with refreshing summer sips! Learn how to create delicious cocktails and zero proof options for your entertaining needs. A professional mixologist will guide you through the process and provide expert insight on how to elevate your beverage offerings.

Duration: 2 hours

*Minimum age 21 years.*

---

**FRIDAY, AUGUST 1****United States Olympic & Paralympic Museum***United States Olympic & Paralympic Museum*

Discover the stories behind the triumphs with an expert led guided tour. Our knowledgeable staff will lead you through enthralling history and remarkable artifacts making your visit truly exceptional. Transportation and admission included.

Duration: 1.5 hours

*Kid-friendly. Children must be accompanied by an adult at all times.*

**Zipline Soaring Adventure***Seven Falls Park*

During this zip line tour experience, guests will explore Seven Falls area from high above on an adrenaline pumping series of unique zip lines! Certified guides will take your group through training at our ground school to zipping across large canyons several hundred feet in the air. Transportation, park admission and all equipment is included.

Duration: 3 hours

*Participants must weigh between 90-250lbs fully, wear close-toed shoes, be of sober mind (no alcohol, legal or illegal substances), and not be or possibly be pregnant.*

**Intro to Fly Fishing***Fish House (on the 6<sup>th</sup> Hole of the East Golf Course)*

Join our professional fly-fishing guides at the Broadmoor Fish House (an Adirondack style cabin located on the 6th hole of the historic East Golf Course) for a two-hour intro to fly fishing. This course is perfect for the beginner to intermediate angler. Short on time and can already throw that line 60 feet? Come out to the Fish House and we'll guide you for two hours of fishing and coaching to help you be more effective on the water. Don't scoff at the idea of throwing flies to stocked trout: several ten-pound trout have been caught and released back into the lake! Long sleeve shirts are recommended for sun protection. Shorts, light pants, raincoats, baseball hats, socks, and polarized sunglasses are encouraged. All fishing equipment including waders, boots, rods, reels and flies will be provided.

Duration: 2 hours

*Kid-friendly. Children must be accompanied by an adult at all times.*

**Cave of the Winds Mountain Park***Caves of the Winds Mountain Park*

Take a discovery tour through the history and geology of the caves. You will experience some of the most beautiful formations. Afterwards enjoy a Challenge Course, Zipline, Terror-dactyl ride, climbing wall and much more!

Duration: 4 Hours

*Kid-friendly. Children must be accompanied by an adult at all times.*

---

**Canon Walk***The Broadmoor*

Leaving from The Historical Broadmoor Hotel, you will navigate the picturesque mountain surroundings on a 1-2 hour moderately rated hike amongst some of the grandest scenery Colorado has to offer.

Duration: 2 hours

*Kid-friendly. Children must be accompanied by an adult at all times.*

---

**Sophisticated Social Hour Cooking Demo***The Broadmoor*

Join us for an interactive session with our skilled chefs as you uncover the art of crafting Small Bites, Canapes, and stunning Charcuterie spread that will impress your guests. Gain valuable insights on elevating everyday ingredients and gourmet finds from your nearby market into mouthwatering happy hour treats. Engage with our chefs, soak in their knowledge, and enjoy a hands-on experience in preparing a delightful culinary spread.

Duration: 2 hours

*Minimum age 18 years.*

---

**Summer Sips Mixology Class***The Broadmoor*

Come in and cool off with refreshing summer sips! Learn how to create delicious cocktails and zero proof options for your entertaining needs. A professional mixologist will guide you through the process and provide expert insight on how to elevate your beverage offerings.

Duration: 2 hours

*Minimum age 21 years.*

---